



**TEL: 318.797.5543**

### **Pre-operative Patient Instructions**

- Please do not eat or drink anything after midnight prior to a surgical procedure.
- You may, however, take your usual morning medications (**EXCEPT** for diabetic medications) on the morning of the procedure with a small sip of water.
- **DO NOT** take any of the following medications for **10 days prior** to a surgical procedure (unless otherwise instructed per Dr. Patwardhan's office) due to their blood-thinning properties:
  - \*Nonsteroidal anti-inflammatory drugs: Advil, Motrin, Midol, Ibuprofen, Celebrex, Lodine (etodolac), Indocin (indomethacin), Orudis (ketoprofen), Toradol (ketorolac), Mobic (meloxicam), Relafen (nabumetone), Aleve, Naprosyn, Naproxen, Feldene (piroxicam)
  - \*Aspirin products: Bayer, Ecotrin, BC Powder
  - \*Anticoagulants: Coumadin (warfarin), Fragmin (dalteparin sodium), Lovenox (enoxaparin sodium), Heparin
  - \*Antiplatelet drugs: Plavix (clopidogrel bisulfate), Ticlid (ticlopidine hydrochloride), Aggrenox, Aggrastat (tirofiban hydrochloride)
- Blood work must be done within 30 days of a surgical procedure. Please check in on the 1<sup>st</sup> floor of Willis Knighton Pierremont Hospital at Registration any day, Monday through Friday, from 7:30 a.m. to 3:30 p.m. You will then be directed to the Pre-Admit nurse who will take a history and admit assessment and then direct you to the lab for blood work. It is very important to have a list of your current medications with you for the nurse so that these medications will be ordered during your hospital stay.
- The hospital will call you the day before the surgery (or Friday before if surgery is on Monday) to give you an arrival time. These calls are usually made in the afternoon between 1:00pm and 3:00pm.

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Signature of Patient/Guardian    Date